

Katherine Russell, Psy.D.

EDUCATION

- 2017 **Psy.D. Clinical Psychology**
Antioch University New England, Keene, NH
Degree Conferral: December 23, 2017
Dissertation: *Metaphor, Voice, and Hysterectomy: Surgery Experiences For Women* (defended May 2, 2016)
- 2014 **M.S., Clinical Psychology**
Antioch University New England, Keene, NH
- 2011 **A.B., Psychology**
Smith College, Northampton, MA
Major: Psychology
Minor: Studio Art

PROFESSIONAL LICENSES

- State of Massachusetts, Licensed Psychologist**
- State of Massachusetts, Health Service Provider**
- State of New York, Licensed Psychologist**

TEACHING EXPERIENCE

Assistant Professor of Psychology
Rhode Island School of Design, RISD
Fall 2022- Current

Description:
Faculty. Courses include: Social Psychology and Psychopathology.

Adjunct Professor of Psychology
Antioch University New England
Summer 2017, Summer 2022

Description:
Instructor for PY 7860 Social Psychology graduate course in Psy.D. program.

Seminar Instructor

BHN—The Carson Center, MA
2019

Description:

Instructor for APA accredited internship program seminar. Seminar addressed awareness, knowledge, and skills related to a variety of clinical practices.

Teaching Fellow

Instructor and Interim Director of the Multicultural Center

Antioch University New England
2018-2019

Description:

Fellowship as core faculty, 1 year.

Core instructor for doctoral level courses: PY-8710 Research Methods and Statistics (with qualitative research focus), PY-8800 Professional Seminar I PY-8810 Professional Seminar II, PY-7320 Psychological Development, PY 7770 Human Diversity and Clinical Enterprise, and PY 7720 Community Psychology. Dissertation committee member for two students. As Interim Director, represented AUNE MCC at national multicultural conferences. Faculty supervisor of student group SERD (Support Group for Ethnic and Racial Diversity) and representative of SERD on the AUNE Justice Leadership Council.

Adjunct Professor of Psychology

NHTI- Concord's Community College
Fall 2016-Spring 2017

Description:

Instructor for undergraduate Introduction to Psychology Courses. Lecture and online courses.

CLINICAL EXPERIENCE

Clinical Psychologist

Kendall Psychological Associates
2019-Current

Description:

Clinical psychologist within a group private practice setting. Providing psychotherapy to adults that incorporates a variety of orientations including relational, existential, trauma informed, cognitive behavioral, dialectical behavioral, and psychodynamic.

Post-Doctoral Fellow

Department of Psychiatry
Albany Medical Center, NY
2017- 2018

Description:

Clinical postdoctoral training, 1 year. Half time in outpatient setting and half time in general hospital setting which included working on the psychiatric inpatient unit and a member of the Consult Liaison psychiatry team.

Outpatient: provided long term psychotherapy, intake services, bariatric evaluations, and facilitated DBT group. Also provided SBIRT (Screening, Brief Intervention, and Referral to Treatment) training to medical, pharmacy, and nursing students. Additionally, taught Human Development Seminar to psychiatry residents. Presentation at Grand Rounds.

Inpatient: worked with treatment team, provided brief therapy, facilitated Mindfulness group, administered assessments.

Consult Liaison: Behavioral health rotation which provided brief treatment to patients (ranging from adolescent to geriatric) at the hospital.

Clinical Intern

Outpatient Services
BHN—The Carson Center, MA
2015- 2017

Description:

Clinical Internship in Professional Psychology, APA accredited, 2 years. Provided long-term and short-term psychotherapy, and intake services in an outpatient mental health setting with full DBT program. Facilitation of the Overcoming Depression Group. Training in DBT, EMDR, Seeking Safety, Motivational Interviewing, Substance Use Evidence-Based Treatment, Narrative Therapy, and Integrative Psychotherapy.

Practicum Student

VA Medical Center
Manchester VAMC, NH
2014-2015

Description:

Advanced clinical practicum, 1 year. Provided brief, evidence-based psychotherapy and long-term individual psychotherapy to veterans. Co-facilitated a recurring DBT group and Problem Skills group.

Practicum Student/Clinical Intern

College Counseling Service
Bowdoin College, ME
2013-2014

Description:

Clinical practicum, 1 year. Provided brief and long-term counseling to students at Bowdoin College. Co-facilitated process group and outreach programming.

Practicum Student

Primary Care Medical Clinic
Blanchard, Haiti
2013

Description:

Disaster Relief practicum, May 2013.
Provided individual counseling and community resilience-building services (including psychoeducational groups on anxiety, self-care, and relaxation techniques). Helped to develop stress management workshop for cardiac, diabetic, and sickle cell disorder patients.

Practicum Student

Antioch Psychological Services
Antioch University New England
2012- 2013

Description:

Clinical practicum at outpatient clinic/university center, with a rotation at the local hospital (primary care), 1 year.

OTHER PROFESSIONAL EXPERIENCE

Consultant

“People of Color: Casebook of Clinical Considerations”
2020-2021

Description:

Roysircar, G., & Lanza, A. (2021). *People of color: Casebook of clinical considerations*.
Provided Dr. Gargi Roysircar and Dr. Allyssa Lanza with consultation services for book, including Chapter 2 (Self and Social Identities: The Case of a Latinx Veteran). Created figure for multidimensional/intersectional impacts on the concept of “womanhood” and book cover art.

PUBLICATIONS & PRESENTATIONS

Russell, K. (2018, November). *A brief overview of attachment theory for medical students*.
Lecture presented at Albany Medical Center/Albany Medical College, Albany, NY.

Russell, K. (2018, April). *A brief examination of the transgenerational effects of genocide*.
Poster presented at Defining Trauma and Resilience Conference, Antioch University New England, Keene, NH.

Russell, K. (2018, April). *Metaphor, voice, and hysterectomy: An exploration of the impact of how we language on surgical experience*. Presented at Grand Rounds at Albany Medical Center, Albany, NY.

- Minasian, C., & **Russell, K.** (2014, May). *Silence is also a sound: Transgenerational trauma and genocide*. Workshop Presented at Antioch University New England, Keene, NH.
- Macedonia, M., **Russell, K.**, & Roysircar, G. (2013, April). *Multicultural myths for crossing cultural boundaries: For children and parents*. Workshop Presented at Keene Library, Keene, NH.
- Tellock, P., Brunmier Lord, M., Conley, M., **Russell, K.**, & Roysircar, G. (2013, February). *From loss to acceptance: Using literary memoir and guided imagery to respond to exclusion experiences of ethnic and racial minority GLB clients*. Workshop Presented at the Winter Roundtable, Teachers College, Columbia University, New York, NY.
- Leyva, N., **Russell, K.**, & Harrington, M. (2011, April). *An animal model of fatigue: The effects of a forced schedule on mice*. Poster Presented at Smith College Collaborations, Northampton, MA.
- DiBartolo, P.M., Dunn, S.R., Heck, M.C., LaBelle, O.P., & **Russell, K.** (2011, March). *An examination of the relationship between worry and the two dimensions of perfectionism*. Poster Presented at the Eastern Psychological Association Conference, Boston, MA.

AWARDS, HONORS, & SCHOLARSHIPS

- 2017 Diversity Award, Antioch University New England, Keene, NH
For the dissertation, *Metaphor, Voice, and Hysterectomy: Surgery Experiences for Women*
- 2014 Diversity Award, Antioch University New England, Keene, NH
For providing disaster mental health services in Haiti and assisting in collecting data from Haitian parent focus groups
- 2011-2014 Jonathan Daniel's Scholarship, Antioch University New England, Keene, NH
For outstanding service and contributions to the promotion of diversity and community outreach

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)
 Division 35. Society for the Psychology of Women
 Division 38. Health Psychology
 Division 56. Trauma Psychology

Psi Chi National Honor Society in Psychology
